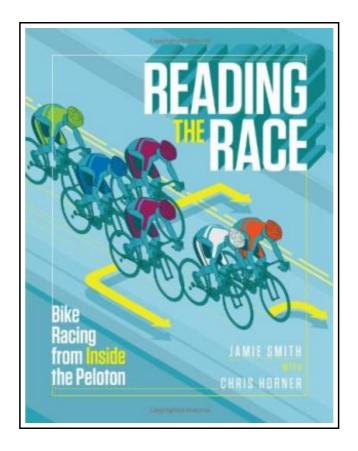
Reading the race: Bike racing from inside the peleton



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Reviews

This book is great. I have go through and so i am confident that i will going to read through once again again in the future. I am just easily can get a satisfaction of looking at a written book. (Miss Vernie Schimmel)

READING THE RACE: BIKE RACING FROM INSIDE THE PELETON



VeloPress. Paperback. Book Condition: new. BRAND NEW, Reading the race: Bike racing from inside the peleton, Jamie Smith, Chris Horner, In Reading the Race, veteran pro bike racer and 2013 Vuelta winner, Chris Horner and race announcer Jamie Smith team up to show cyclists how to win races with race smarts. Armed with strategies and tactics learned over thousands of races, cyclists and cycling fans will learn how to read a race and how to react. The Tour de France is so difficult to win that for a century it has been tradition for the champion to share the winnings with his teammates. This acknowledgment of the value of team strategy and tactics is commonplace at the top level of cycling, where the sport is all about teamwork. Yet every amateur cyclist who lines up at the start of the weekend criterium thinks he's in it to win it. By drawing up clever race plans, forming ad hoc teams, and reading the race accurately these riders can transform themselves from loose cannons to podium contenders. Even better-organised amateur teams have a lot to overcome. The spectrum of fitness and motivation on a Cat-III cycling team is gaping wide. Horner and Smith show how even the most mismatched team can employ strategies and race smarts to better their chances of finishing in the prize money. For team captains who dream of the podium, to the teammates who make it happen, to bike racing fans who have no dream of racing, Reading the Race offers a veteran's eye view of how the race can be won.



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